

 <b>CAMP</b> <b>BRIMACOMBE</b>  <b>Anaphylaxis</b>		<b>SC-AEP-1</b>
<b>EFFECTIVE DATE:</b>	<b>02-11-18</b>	<b>Summer Camp</b>
<b>REVISED DATE:</b>		
<b>REVIEWED BY:</b>	<b>Management</b>	<b>Policy</b>

**PURPOSE:**

This policy establishes proper medical supervision and strategies pertaining to Anaphylactic reactions at Brimacombe.

**SCOPE:**

This policy is intended to support the needs of campers with anaphylactic allergies and set protocols for campers, guardians and staff at summer camp. All staff are required to also review each individual camper-specific plan to ensure that all individuals are aware of the anaphylactic causative agents, symptoms of reactions and emergency procedures, should a reaction occur.

**POLICY:**

**Definition:**

*Epinephrine auto-injector (EAI):* A one-dose, pre-measured, ready-to-use injectable, epinephrine (adrenalin) used to temporarily relieve the symptoms of anaphylaxis. Example: EpiPen or Allerject

*Anaphylactic Emergency Plan (AEP):* An individualized written document outlining the description of the child's anaphylactic allergies, monitoring and avoidance strategies, signs and symptoms of allergic reaction and action to be taken by staff in the event of an allergic reaction. Available on Brimacombe's website, and upon request.

**Epinephrine auto-injector (EAI)**

All campers who have an anaphylactic allergy will be required to have at least 1 EAI for camp:

- Each EAI must be labelled with the original label from the pharmacy

- One EAI must be carried at all times, by the Camper or Staff, as outlined in the AEP
- On the first day of camp, a name tag will be placed on the camper's carrying case. This name tag will remain on the carrier for fast, easy identification of the EAI, in the event of an emergency.
- Brimacombe will have a non-personalized EAI on hand for emergency purposed, to be stored in a staff accessible, secure area that will be locked safely at the end of each day.
- During extreme hot weather, the counsellor will check the EAI for any discolouration, as a change in colour may mean it is ineffective.
- At no point can the EAI reach expiry during camp

### **Anaphylactic Emergency Plan (AEP)**

The camper's parent/guardian will be responsible for completing Camp Brimacombe's Anaphylactic Emergency Plan (AEP) form if their camper is anaphylactic, within 48 hours of registering for camp. The camper's parent/guardian may be contacted for clarification and/or further questions, and both the camper's parent/guardian and Camp Director must sign off on the final plan.

*Each AEP will include:*

- A description of the child's allergies
- Recent photo of the camper
- Monitoring and avoidance strategies
- Signs and symptoms of allergic reaction
- Action to be taken by staff in the event of an allergic reaction
- Consent for administration
  - Parent/guardian consent for camper to self-administer
  - Parent/guardian consent for staff to administer
- Emergency contact information including parent/guardian, alternate contact and emergency services/911
- Auto-Injector details
  - Expiry date
  - Dosage details
- Storage details
  - While onsite
  - At the end of the day

*Storage of AEPs and EAIs:*

AEPs will be listed in the following places:

- Securely posted in the main office
- Placed in Camper's file within the Counselor's group binder
- Placed within the carrying bag of the EAI

EAIs will be stored:

- If remaining at camp for the week
  - In the carrying bag on the designated carrier
  - In a locked medication box within the office outside of camp hours
- If being sent home daily
  - In the carrying bag on the designated carrier

It is the responsibility of the parent/guardian to ensure their Camper's EAI makes it to camp each morning. The parent/guardian must physically hand the EAI to their Camper's Counsellor each morning, and physically pick up the EAI from the Counsellor at the end of the day. In the event that the EAI is remaining at Brimacombe for the duration of camp, the Counsellor will ensure the EAI is picked up from the office each morning, and returned each evening.

### **Lost/Misplaced EAIs**

In the event that the EAI is forgotten, Brimacombe's spare EAI will be used in lieu of a new EAI being provided by the parent/guardian. The parent/guardian will sign a form acknowledging that the EAI was forgotten, and that they recognize that Brimacombe will be using their spare.

In the event that an EAI is lost, every effort will be made to locate it. If it cannot be found, arrangements will be made for the camper to use Brimacombe's for the day. Brimacombe will contact the parent/guardian to notify them.

### **Allergen/Nut-Sensitive Environment**

While Brimacombe is not an allergen/nut-free environment, every effort will be made to mitigate known allergens in camp.

Brimacombe is proactive in educating all families about allergies prior to and during camp.

- An email identifying known allergens will be sent, prior to the commencement of camp.
- There will also be a posted list of all known allergens at the main entrance of the building.
- We encourage all families to read labels and to only send allergen-free products to camp.
- We have a 'no sharing food' policy. Meal time is monitored closely by Counselors who supervise and eat with campers during lunch and snack times.
- If items containing allergens arrive to camp, a staff member will ensure that the child with the allergen is situated at a designated place within the unit, away from the camper with the allergy.

### **Managing Reactions**

Campers who have anaphylaxis will always have a staff member who has been trained in giving an EAI within a reasonable distance of the camper.

#### **Emergency Steps:**

- Give Epinephrine at the first sign of an allergic reaction
- 9-1-1 will be called and the camper will be transported to the hospital with a staff member. Go to the nearest hospital even if symptoms are reduced or have ceased as the camper may get worse still.
- The camp spare will accompany them in the unlikely even the reaction does not improve or becomes worse, in which case, a second injection will be given as necessary.
- While the above is taking place, parents, guardians or emergency contacts will be contacted.
- After the parent/guardian/emergency contact is contacted, the Camp Director will be notified, if not already on site.

**Reporting**

All anaphylaxis occurrences will be reported as a serious occurrence.